

CURRICULUM VITAE

Justen Watkins D.O.

telegram: <https://t.me/justenwatkins>

x.com: <https://x.com/drcowboy1776>

IFM.org Profile: <https://www.ifm.org/practitioners/justen-watkins>

Certifications:

IFMCP, DEA, BLS, ACLS, PALS, DOT

Board Certification:

[American Board of Urgent Care Medicine](#)

ACADEMIC

Clinical Research

Original Publication:

[*Markedly improved success rate of endoscopically assisted third ventriculostomy is achieved by routine placement of external lumbar drain.*](#) J.Watkins, M.Cabanne, D.Miulli. Journal of Neurological

Surgery Reports. 2017;78:e71–e76. ISSN 2193-6358.

- Prize Winning Podium Presentation

American College of Osteopathic Surgeons Annual Clinical Assembly, Phoenix, Arizona - September 22, 2016

Clinical Trials:

June 2013 - Feb 2015

[Study of NNZ-2566 in Patients with Traumatic Brain Injury Under EFIC.](#)

Research Assistant:

June 2010 - Dec 2010

Phoenix Neurological Associates

Phoenix, AZ

Study: *Analysis of CSF Biomarkers, Rate of FRS Progression, and Mortality of Patients with Amyotrophic Lateral Sclerosis*

Book Chapters Authored:

[Neurosurgical Intensive Care 2nd Ed.](#) J.Siddiqi. Thieme. New York.
Chapter on Ventilator Management of the Neurosurgical Patient.
ISBN-13: 978-1626232341

Clinical Preceptor

Rocky Vista University

July 2024 - Present

Logan, UT

Post-graduate Training

Fellowship in Integrative Medicine

Andrew Weil Center for Integrative Medicine
The University of Arizona

July 2023 - Sept 2025

Tucson, AZ

Fellowship in Functional Medicine

Institute for Functional Medicine

Certified December 2024

ifm.org

Diplomat of the American Board of Urgent Care Medicine

Board Certified - ABUCM

December 2023

Residency

Riverside University Medical Center

June 2013 - Sept 2016

Moreno Valley, CA

Graduate Education

Doctor of Osteopathic Medicine

Midwestern University AZCOM

Graduated May 2013

Glendale, AZ

Undergraduate Education

Post-Bachelor Biomedical Studies

Arizona State University

Jan 2008 - Aug 2008

Tempe, AZ

BS - Nuclear Engineering Technology	Sep 2001 - May 2006
Thomas Edison State University (degree)	Trenton, NJ
George Washington University	Washington DC
Knolls Atomic Power Laboratory	Schenectady, NY

ADMINISTRATIVE POSITIONS

Regional Physician Lead	Jun 2024 - Present
Tapestry Health	Stratford, CT
Medical Director / Chief of Staff	Sep 2021 - Jun 2024
Lane County Hospital & Rural Health Clinic	Dighton, KS
Deputy County Coroner	Nov 2021 - Jun 2024
Lane County, Kansas	Dighton, KS
County Health Officer	Jan 2022 - Jun 2024
Lane County, Kansas	Dighton, KS
Medical Director	Jan 2022 - Jun 2024
Lane County Public Health Department	Dighton, KS

PRACTICE EXPERIENCE

Living Tree Medical Group	Jun 2024 - present
Physician	Logan, UT
Tapestry Health	Jun 2024 - present
Telemedicine Physician	Stratford, CT

Lane County Hospital Medical Director/Chief of Staff	Sep 2021 - Jun 2024 Dighton, KS
Lane County Rural Health Clinic Medical Director/Chief of Staff	Sep 2021 - June 2024 Dighton, KS
West Point Medical Center Urgent Care Physician	Sep 2016 - Sep 2021 San Bernardino, CA
Bembi Medical Corporation Founder - Telemedicine Physician	Jan 2017 - Sep 2021 Highland, CA
LA Laser and Skin Center Supervising Physician	Jun 2018 - Apr 2020 Los Angeles, CA

HOSPITAL STAFF APPOINTMENTS

Logan Regional Hospital	Aug 2024 - Present Logan, UT
Cache Valley Hospital	Aug 2024 - Present Logan, UT
Lane County Hospital	Oct 2021 - Jun 2024 Dighton, KS
Kaiser Permanente Fontana MC	Jun 2014 - Sep 2016 Fontana, CA
Redlands Community Hospital	Jun 2014 - Sep 2016 Redlands, CA

Arrowhead Regional Medical Center	Jun 2013 - Sep 2016 Colton, CA
Riverside County Hospital	Jun 2013 - Sep 2016 Moreno Valley, CA

COMMITTEES / BOARDS

Clinical Governance Board Tapestry Health	Nov 2024 - Present
Kansas Department of Health and Environment Advisory Committee on Trauma	Sep 2022 - Jun 2024
Kansas Department of Revenue Medical Advisory Board	Jan 2023 - Jun 2024
Lane County Hospital Various hospital boards	Sep 2021 - Jun 2024

OTHER CERTIFICATIONS

BLS / ACLS / PALS	Current
DOT Certified Medical Examiner	July 2018 - July 2028

OTHER EXPERIENCE

Managing Technical Engineer Wolf Electronics (acquired by Computrol Inc.)	Nov 2008 - Jul 2009 Orem, UT
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US Navy

Submarine Reactor Operator
USS Wyoming SSBN 742 Gold

May 1999 - Sep 2005
Kings Bay, GA

VOLUNTEER WORK

4-H Leader

Feb 2022 - Jun 2024

Veterans of Foreign Wars
Member at Large

Jun 2019 - Jun 2024

Arrowhead Regional Medical Center
Trauma Center Volunteer

Mar 2010
Colton, CA

Scottsdale Medical Center
Trauma Unit Undergraduate Internship

Jan 2008 - Feb 2008
Scottsdale, AZ

Special Olympic Summer Games
Athlete Assistant

Jun 2006 & Jun 2009
CA, UT

Pediatric Urgent Care Clinic
Medical Volunteer

Mar 2008 - Jul 2008
Gilbert, AZ

Midwestern University
Arizona State Brain Bee Organizer

Feb 2010 & Feb 2011
Glendale, AZ

Boy Scouts of America
Scoutmaster

Nov 2008 - June 2013
Glendale, AZ

Church of Jesus Christ of Latter-Day Saints
Missionary, Spanish speaking

Nov 2005 - Dec 2007
Anaheim, CA

ORGANIZATIONS

Utah Medical Association	Jun 2024 - Present
AOA - American Osteopathic Association	Sep 2009 - Present
American Legion	May 2023 - Present
VFW - Veterans of Foreign Wars	June 2019 - Present
SHARCKS - Sandhills Amateur Radio Club of Western Kansas	Dec 2021 - Jun 2024

LANGUAGES English (native)
Spanish (proficient)

HOBBIES Agriculture
Computer Science
Amateur Radio
Reading, Outdoors